



# Plan Update

VOL. TWENTY-THREE

NO. EIGHTY-SIX

September 2010

### Provider Update

We are pleased to announce the following additions to the Vale-U-Health Panel Provider Network:

**Effective 8/11/10**

- William Bell, MD – Emergency Medicine
  - Mohammad I. Chaudry, MD – Radiology
  - Benjamin Martin, MD – Emergency Medicine
- Effective 9/1/10**
- Ramya Sahasranamam, MD – Nephrology

Please be advised the following providers are no longer part of the Vale-U-Health Panel Provider Network **effective July 1, 2010:**

- Uzma Kahn, MD – Primary Care
- Allan Schachter, MD – Urology

### Attention Home Host Plan Enrollees:

As a reminder, for non-emergent services, members who are enrolled in the Home Host Plan must exclusively utilize the Vale-U-Health network except for mental health, obstetrical, or substance abuse services which can be obtained from providers in either the Vale-U-Health or supplemental provider network. Please note that even if there is only one provider in a particular specialty, you will need to obtain the services from that provider. In addition, many of the Vale-U-Health specialists treat children and you must consequently seek treatment from them for your dependent children as well.

In the event that a particular service is *not* available in the Vale-U-Health network, you must call the Vale-U-Health Utilization Review Department (724-379-4011, option #2) to obtain a Home Host Plan Out-of-Network Authorization. This must be done **prior** to the service being rendered and **each time** the service is needed. In addition, if you have received a Home Host Plan Out-of-Network Authorization and a provider in that particular specialty joins the Vale-U-Health network, as long as your condition is stable, you will be required to transition to the provider in the Vale-U-Health network if you want the services paid for under your health plan benefits.

### Copay Reminders

- An office visit copay is \$30
- ER copay, unless admitted, for Preferred Plan and Exclusive Plan is \$75.00 and \$40.00 for the Home Host Plan
- Retail prescription drug copay is 30% of cost up to a maximum copay of \$100.00 per prescription
- Mail order (3-month supply) prescription drug copay is 30% of cost up to a maximum copay of \$200.00 per prescription

### Discounted Prescriptions

Many pharmacies are now offering certain prescription medications at deep discounts or even free of charge. Keep in mind that if you purchase your prescription in this manner, any amount that you pay will not be applied to your \$50 annual prescription deductible under your Prescription Drug Benefit provided by EnvisionRxOptions. Please be advised, it is strictly a personal choice as to whether you choose to accept these offers or pay for your prescriptions using your Prescription Drug Card.

### Injured at Work

If you, or your covered dependent, sustain an injury while at work, the employer must be notified immediately. Any medical expenses incurred as a result of this injury should be submitted to the employer's workers compensation carrier. If workers compensation denies the claim and an attorney is contacted to appeal that decision, please notify Vale-U-Health that an appeal is in process.

### Eligibility Requirement

If you have a dependent child between the ages of 19 and 25, it's time to submit student verification for the Fall 2010 semester, in order for their medical coverage to continue. **Verification must be on the institution's letterhead.** Failure to provide student verification will result in the denial of medical claims for this dependent. If the child is no longer in school or is unable to attend school due to a medical condition, please notify the MVH Personnel Department immediately.

Healthy Hints...



Pennsylvania Health Care Plan  
Southwestern Pennsylvania  
The MVH Employee Preferred Provider Organization

WillowPointe Plaza  
800 Plaza Drive • Suite 230  
Belle Vernon, PA 15012  
724-379-4011  
Fax: 724-379-4354

"Healthy Hints provides selected general information as a public service to the employees of Monongahela Valley Hospital and the Panel Providers that serve them. For more specific information, contact us directly."

## 2010 Vale-U-Health Member Satisfaction Survey

The Annual Vale-U-Health Member Satisfaction Survey is currently underway and will be available through October 11, 2010. By completing the survey, you will provide useful information to Vale-U-Health so that we can better serve you, our valued members.

It can be conveniently accessed through one of the following ways and will only take a few minutes to complete:

1. As the shortcut "**Vale-U-Health Survey**" located in the MVH Links and Applications under your internet Favorites
2. As the shortcut "**Vale-U-Health Survey**" located on the MVH's Employee Only Website
3. Within Meditech, by selecting "**External Links**" and choose **VUHEALTH**
4. From your home computer, simply type the following address into your web browser: <http://www.zoomerang.com/Survey/WEB22B5VR3XCYH>

***Upon completion, please be sure to print an entry form (the last page of the survey) in order to be eligible for prizes!***

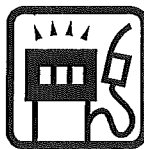
*As a token of our appreciation, gift cards for Subway, Sheetz, and the Speers Street Grill will be awarded to the enrollees randomly selected at an October 15<sup>th</sup> drawing!*

*Prize entries can be returned via interoffice mail to Vale-U-Health c/o Mon-Vale Healthplex, or placed in the drawing box which is located in the Personnel Department of Monongahela Valley Hospital.*

*Winners will be posted in the MVH Cafeteria and in the Women's Health Center at the Healthplex.*



**(10) \$10 gift cards  
for Subway**



**(6) \$25 gift cards  
for Sheetz**



**(1) Grand Prize - \$75 gift  
certificate for  
the Speers Street Grill**

Should you have any questions or need assistance, please call Trina at 724-379-4011, ext. 2408.